



BURNABY MOUNTAIN LACROSSE

# PRESS RELEASE

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## Burnaby Mountain Selects Ultimate Performance Fall Shootout Report

### FOR IMMEDIATE RELEASE

By William Howard, BMSL Media Relations  
Burnaby Mountain Selects Lacrosse

**EVENT:** Ultimate Performance Lacrosse (UP Lax) Fall Shootout - Elite High School Men's Lacrosse

**SITE:** Broadneck High School, Annapolis, Maryland  
Severn School, Severna Park, Maryland  
Severna Park High School, Severna Park, Maryland

### SOPHOMORE ELITE SCORES:

L - Bby Mtn 4, Propel (Maryland) 9  
L - Bby Mtn 2, True Lacrosse (Illinois) 14  
L - Bby Mtn 1, Roughriders (Maryland) 11  
L - Bby Mtn 6, Pitt Rebels (Pennsylvania) 12  
L - Bby Mtn 3, #8 Baltimore Elite Lax (Maryland) 6  
L - Bby Mtn 8, Braveheart (New Jersey) 12  
L - Bby Mtn 5, #5 Tri State (New Jersey) 16  
L - Bby Mtn 4, 7 Nations (Pennsylvania) 11

### JUNIOR ELITE SCORES:

L - Bby Mtn 1, #2 Baltimore Crabs 2011 (Maryland) 8  
L - Bby Mtn 8, #9 CNY Roadhawks (New York) 12  
L - Bby Mtn 1, #4 Top Gun Fighting Clams (Massachusetts) 11  
W - Bby Mtn 12, CNY Roadhawks Sophomore (New York) 1  
L - Bby Mtn 3, Team Central (Massachusetts) 11  
W - Bby Mtn 8, T2 (Maryland) 6  
L - Bby Mtn 3, SSSA (Virginia) 8  
W - Bby Mtn 7, Edge Sophomore (Ontario) 6

**RECORDS:** Bby Mtn Sophomore Elite (0-8), Bby Mtn Junior Elite (3-5)

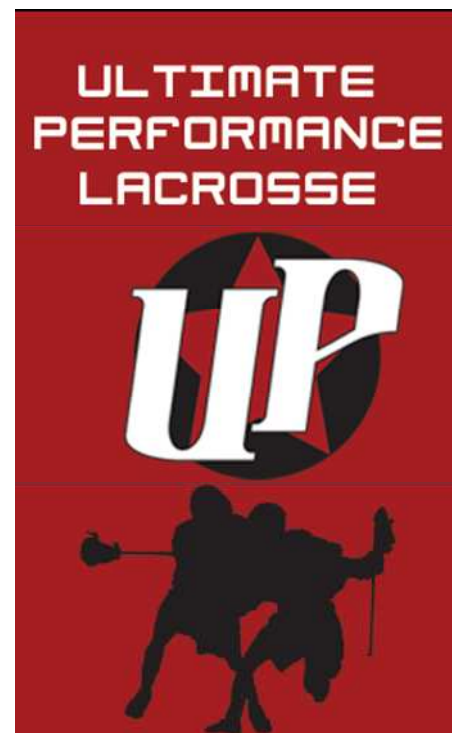
**BALTIMORE, MD** (November 25, 2009) – Coached by Simon Fraser University men's lacrosse Co-Head Coaches Jeff Cathrea and Brent Hoskins, the Burnaby Mountain Selects Sophomore (1994 born) and Junior (1993 born) Elite fall touring teams travelled to Baltimore, Maryland to compete at the Ultimate Performance Lacrosse (UP Lax) Fall Shootout, November 21-22, 2009, against top club teams from Illinois, Maryland, Massachusetts, New Jersey, New York, Ontario, Pennsylvania and Virginia.

### RECRUITING ROUNDUP

Despite a losing record, the Selects were able to showcase their skills in front of over 160 NCAA college coaches including 2009 NCAA Division I National Champion Syracuse, runner-up Cornell and other Top 20 NCAA Division I programs: Duke, Johns Hopkins, Loyola, Maryland, North Carolina, Princeton, and UMBC.

### POWER RANKINGS

Drawing arguably one of the tournaments toughest schedules, the Burnaby Mountain Selects competed against some of the top club lacrosse teams in North America including five opponents who were recently ranked in Inside Lacrosse



Magazine's (ESPN Affiliate) list of Top 10 Lacrosse Clubs in 2009. The Sophomore Selects battled #5 Tri State (New Jersey) and #8 Baltimore Elite Lax (Maryland), while the Junior Selects went up against #2 Baltimore Lacrosse Club Crabs (Maryland), #4 Top Gun Fighting Clams (Massachusetts), and #9 CNY Roadhawks (New York). Also on the Sophomore schedule were the Roughriders (Maryland) who received a pre-season Honorable Mention from IL.

### YOUNG GUNS

The Burnaby Mountain Selects Sophomore Elite team was one of the youngest teams entered in the elite high school tournament as one of only four 2012 graduating teams in attendance. The other sophomore aged teams included other well known elite club programs CNY Roadhawks Sophomores, Edge Sophomores and Green Turtle 2012.

### MARCH DOWN CHARLES STREET

In addition to the two days of competition, the Burnaby Mountain Selects also took time to tour the campuses of NCAA Division I powerhouses Johns Hopkins University and Loyola University. While on campus, the Selects were given an exclusive tour by each team's coaching staff that featured a trip to the Blue Jay's and Greyhound's home game field, men's lacrosse locker-room, weight rooms, film room and a talk about the recruiting process.



*Johns Hopkins Assistant Coach and former Blue Jay All-American Attack, Bobby Benson, poses for a picture at Homewood Field with Selects Sophomore and Junior Elite teams.*



*Loyola Head Coach, Charley Toomey, talks with the Selects about the NCAA recruiting process in the Greyhound's film room.*

### EXTRA, EXTRA!

After the tournament, the Selects spent a day in New York, touring Manhattan and visiting Big Apple landmarks, Times Square, Rockefeller Center and Ground Zero.



*Burnaby Mountain Selects Sophomore and Junior Elite teams visit Times Square in Manhattan, New York.*



*Selects get 15 seconds of fame outside new American Eagle store in Times Square.*

## **LOOKING FORWARD**

Next up for the Burnaby Mountain Selects, the U12 and U13 Elite teams will travel to Portland, Oregon for an exhibition series on November 29, 2009. The Freshmen and Senior Selects will then conclude their fall tour dates with a trip to Tampa, Florida to compete in the Dick's Sporting Goods Tournament of Champions, the North American championship for club lacrosse, January 1-3, 2010.

## **ABOUT BURNABY MOUNTAIN SELECTS LACROSSE**

Established in 2006 by Simon Fraser University men's lacrosse Co-Head Coaches Jeff Cathrea and Brent Hoskins, the Burnaby Mountain Selects Field Lacrosse Program is an amateur sports organization designed to train players in a high performance environment to best prepare them for a collegiate field lacrosse career. Selection and consideration into the program is reserved for a select group of elite student-athletes, who possess the desire to work hard and learn in a competitive team environment, while demonstrating the ability to prioritize their academics goals in the highest regards. Over 200 athletes in grades 6-12 have participated in the Selects program from over 20 communities across British Columbia's Lower Mainland, Vancouver Island, and Interior. The Selects travel to compete in top college recruiting tournaments throughout North America, helping to place over 40% of graduating players in collegiate field lacrosse programs.

The Selects are proudly sponsored by Harrow Sports and Onyx Lacrosse / Riddell Helmets. For further information on Burnaby Mountain Lacrosse please visit [www.selectslacrosse.com](http://www.selectslacrosse.com) or follow the Selects LIVE on Twitter at <http://twitter.com/selectslacrosse>.

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