



BURNABY MOUNTAIN LACROSSE

# *PRESS RELEASE*

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## Burnaby Mountain Selects Adrenaline Challenge Report

### FOR IMMEDIATE RELEASE

By William Howard, BMSL Media Relations  
Burnaby Mountain Selects Lacrosse

**EVENT:** Adrenaline Challenge – Youth / Middle School Men's Lacrosse

**SITE:** Robb Field, San Diego, California

### U13 ELITE SCORES:

W – Bby Mtn 6, Vegas Starz (Nevada) 3  
W - Bby Mtn 12, Seattle Starz (Washington) 0  
W - Bby Mtn 4, OC Starz Orange (California) 2  
W - Bby Mtn 7, Utah Starz (Utah) 6  
W – Quarterfinal - Bby Mtn 11, Vegas Starz (Nevada) 4  
L – Semifinal - Bby Mtn 4, Nor Cal Talon (California) 11  
L – 3<sup>rd</sup>/4<sup>th</sup> Place - Bby Mtn 2, OC Starz Orange (California) 2

### U12 ELITE SCORES:

L - Bby Mtn 0, QC Starz Red (California) 6  
L - Bby Mtn 4, RC Starz Cheddar (California) 5  
L - Bby Mtn 3, RC Starz Carolina (California) 10  
W - Bby Mtn 15, SC Tritons (California) 1  
W – Quarterfinal - Bby Mtn 6, LA 101 Starz (California) 4  
L – Semifinal - Bby Mtn 1, RC Starz Carolina (California) 10  
W – 3<sup>rd</sup>/4<sup>th</sup> Place - Bby Mtn 8, RC Starz Cheddar (California) 6

**RECORDS:** Bby Mtn U13 Elite (5-2), Bby Mtn Freshmen Elite (3-4)

**SAN DIEGO, CA** (January 27, 2010) – Coached by Simon Fraser University men's lacrosse Co-Head Coaches Jeff Cathrea and Brent Hoskins, the Burnaby Mountain Selects U13 (1996 born) and U12 (1997/1998 born) Elite fall touring teams travelled to San Diego, California to compete at the Adrenaline Challenge, January 16-17, 2010.

The Selects faced-off against some of the top middle school aged club teams in the western United States playing teams from California, Nevada, Utah and Washington. The U13 Selects went 5-2 (.714) to place 4th in the Adrenaline/Warrior Middle School Division, while a couple of timely victories saw the U12 Selects place 3rd in the South Swell Youth Division despite a 3-4 (.429) record.

### U13 RECAP

The U13 Selects became early favorites to compete for the Middle School title after they posted an undefeated record of 4-0 on day 1 with victories over Vegas Starz (6-3); Seattle Starz (12-0); OC Starz Orange (4-2) and Utah Starz (7-6). The Selects would finish the day one seeding round ranked #3 in the Warrior/Adrenaline bracket and were scheduled to face the #6 ranked Vegas Starz in the day two Quarterfinals.

In a rematch from day one, the U13 Selects would again be the better team, using a strong performance to move past the Vegas Starz by a convincing score of 11-4. Next up, the Selects would face the #2 ranked Nor Cal Talons in the tournament's Semifinals. This time it would be Burnaby Mountain on the losing end of an 11-4 score. The loss to Nor Cal



would see the Selects play another rematch against the #4 ranked OC Starz Orange to decide 3<sup>rd</sup> and 4<sup>th</sup> place. A slow start would lead to the Selects dropping their second consecutive game, losing 4-2. The loss would place the Selects 4<sup>th</sup> in the Adrenaline/Warrior Division with a final record of 5-2 (.714).

## U12 RECAP

Entering the Adrenaline Challenge with an undefeated record of 5-0 (1.000) on the season, the U12 Selects would get their first taste of defeat this fall, dropping their opening three games of day one's seeding round, losing 6-0 to OC Starz Red; 5-4 to RC Starz Cheddar and 10-3 to RC Starz Carolina. Struggling to find their rhythm, the Selects would finally gain some momentum in their final game of day one with a 15-1 triumph over an outmatched SC Tritons. Finishing the seeding round with a 1-3 (.250) record, the Selects would be ranked #4 in the South Swell bracket with all three of their losses coming at the hands of the top three ranked teams: #1 RC Starz Carolina, #2 OC Starz Red and #3 RC Starz Cheddar.

Moving on to day two's Quarterfinals, the U12 Selects would face the #5 ranked LA 101 Starz. Continuing to re-build their confidence, the Selects would register their second consecutive victory by a score of 6-4. The win would earn them a birth in the Semifinals and a rematch with the #1 ranked RC Starz Carolina. An improved effort would unfortunately not be enough to change the result on the scoreboard as the Selects fell once again to RC Starz Carolina, this time by a score of 10-1. In a battle for 3<sup>rd</sup> or 4<sup>th</sup> place, the Selects would receive a chance for redemption versus RC Starz Cheddar. Looking to avenge a one-goal loss to the Cheddar the day previous, a back-and-forth first half would see the Selects once again down by a goal with a score of 5-4 at the half. Determined to end the tournament with a win, the Selects would come storming back, outscoring the Cheddar 4-1 in the second half on route to a final score of 8-6. The well earned win would place the U12 Selects 3<sup>rd</sup> in the South Swell Division after posting a 2-1 (.667) record in the day two play-off round.



*Burnaby Mountain Selects  
2009 Fall – U13 Elite*



*Burnaby Mountain Selects  
2009 Fall – U12 Elite*

## FLYING SOUTH FOR THE WINTER

A total of three BC teams made the trip south to San Diego to compete in the Adrenaline Challenge. In addition to the two Burnaby Mountain squads, the Vancouver Island Seaspray placed 6<sup>th</sup> in the Adrenaline/Warrior Division with a 2-3-1 (.417) record.

## SUCCESSFUL SEASONS

2009 marked the first year that Burnaby Mountain Lacrosse has offered elite touring teams for the U12 and U13 age groups. Both teams made successful debuts as the U13 Selects posted an inaugural fall record of 10-4 (.714) while the U12 Selects finished their first season with a winning record of 8-4 (.667). Equally as impressive were their margins of victory this fall, with the two teams combining to outscore the competition 193-100. The U13 Selects used 14 games to register 108 goals for, with only 52 goals against; while the U12 Selects scored 85 goals for, with 48 goals against in 12 games.

## ABOUT BURNABY MOUNTAIN SELECTS LACROSSE

Established in 2006 by Simon Fraser University men's lacrosse Co-Head Coaches Jeff Cathrea and Brent Hoskins, the Burnaby Mountain Selects Field Lacrosse Program is an amateur sports organization designed to train players in a high performance environment to best prepare them for a collegiate field lacrosse career. Selection and consideration into the

program is reserved for a select group of elite student-athletes, who possess the desire to work hard and learn in a competitive team environment, while demonstrating the ability to prioritize their academics goals in the highest regard. Over 200 athletes in grades 6-12 have participated in the Selects program from over 20 communities across British Columbia's Lower Mainland, Vancouver Island, BC Interior and Washington State. The Selects travel to compete in top college recruiting tournaments throughout North America, helping to place over 40% of graduating players in collegiate field lacrosse programs.

The Selects are proudly sponsored by Harrow Sports and Onyx Lacrosse / Riddell Helmets. For further information on Burnaby Mountain Lacrosse please visit [www.selectslacrosse.com](http://www.selectslacrosse.com) or follow the Selects LIVE on Twitter at <http://twitter.com/selectslacrosse>.

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