



BURNABY MOUNTAIN LACROSSE

PRESS RELEASE

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Cathrea and Hoskins named PNCLL Coaches of the Year

FOR IMMEDIATE RELEASE

By William Howard, *Bby Mtn Lacrosse Media Relations*
Selects Lacrosse Inc.

BURNABY, BC (May 17, 2010) - After starting the year with a 1-5 record, Simon Fraser men's lacrosse co-head coaches Jeff Cathrea and Brent Hoskins guided the Clan on a 6-1 run to finish the regular season, including a perfect 4-0 record in conference play, to be named PNCLL Division I Coaches of the Year. This is the third consecutive season that Cathrea and Hoskins have received this prestigious award, while becoming the only coaches in PNCLL history to receive the award on three separate occasions.

In their sixth season with Cathrea and Hoskins at the helm, the Clan finished the regular season as the top seed in the PNCLL and advanced to the PNCLL Conference Final for the fifth time in six years. Simon Fraser would fall to Oregon (14-8) in the conference final before receiving an at-large bid to compete in the MCLA National Championships. Fraser would be awarded the tenth seed in the MCLA Tournament and face seventh-seeded Florida State in the first round. SFU would go on to become one of the story lines of the tournament as they defeated the Seminoles, 9-7, before upsetting second-seeded Colorado State (12-11 OT) in the Quarterfinals. 2010 marked the third time in school history (est. 1996) that Simon Fraser has advanced to the MCLA "final four," with the Clan playing in the MCLA Semi-Final for the first time since 1999 after reaching the Quarterfinals the last two seasons (2008, 2009). Fraser would fall to the number three seed, Arizona State (19-9), in the Semi-finals, finishing the season with a 10-8 record.

Ranked No. 4 in the CollegeLAX MCLA Division 1 Preseason Top 25 Poll, the Clan climbed as high as No. 3 before falling to No. 23 with a 1-5 start to their season. Simon Fraser's climb back in to the top ten would be fueled by critical wins over No. 13 Cal Poly (9-8 OT), No. 4 Arizona State (14-7) and No. 7 Oregon (13-11), to finish the season at No. 9. According to Lax Power's Strength of Schedule (SOS) rankings, Simon Fraser played the second toughest schedule in the MCLA in 2010 with a rating of 82.89, having played eight of the MCLA's Top 10 teams and 9 opponents ranked in the Top 15. Only No. 11 Colorado played a tougher schedule than the Clan with a ranking of 83.23. No. 2 Colorado State (82.66), No. 3 Chapman (81.78) and No. 1 Michigan (81.69) rounded out Lax Powers Top 5 toughest schedules in the nation. Only No. 1 Michigan played as many Top 10 opponents as SFU in 2010 and no other team played more opponents ranked in the Top 15.

Simon Fraser is now 67-23 (.744) during Cathrea and Hoskins' tenure, including 4-3 (.571) in the MCLA Tournament. Since 2005, the Clan have compiled an impressive record of 46-9 (.836) against PNCLL opponents and 22-5 (.815) at home.

During the season, Cathrea and Hoskins coached five Clan players who earned All-American honors: Russel Thomas (second-team), Adam Foss (third-team), Ben Towner (third-team), Nathan Clare (honorable mention) and Luke Genereux (honorable mention). Thomas was also named to the MCLA All-Tournament Team, while Towner was named PNCLL Most Valuable Player and Foss was named PNCLL Offensive Player of the Year. In addition, ten SFU players received PNCLL All-Conference Honors, including six first-team: Foss (first-team), Genereux (first-team), Ryan Hodge (first-team), Thomas (first-team) Towner (first-team), Kevin Riley (first-team), Nathan Clare (second-team), Ben Davies (second-team), Colton Dow (honorable mention) and Chris Tessarolo (honorable mention).

Away from the field, Cathrea and Hoskins continue to place a great deal of emphasis on academics and their players have excelled in the classroom, producing the programs first nine MCLA Scholar Athletes (Academic All-Americans). Two Clan players, Adam Foss and Kevin Riley, were named MCLA Scholar Athletes in 2010, while Cathrea and Hoskins continue to maintain the program's best academic record.

Cathrea and Hoskins currently rank first all-time among Simon Fraser men's lacrosse coaches in wins (67) and are tied with current Team Canada Assistant Coach, Jeff Gombar (SFU 1997-1999) with three MCLA tournament appearances. Cathrea and Hoskins have overseen four seasons with ten or more wins, including three consecutive undefeated PNCLL regular seasons, as well as the 2008 season in which Cathrea and Hoskins set the school record for wins in a season with 16. Additionally, under Cathrea and Hoskins leadership, Simon Fraser University became the first institution outside of the United States in 2008 to be awarded the James "Ace" Adams Sportsmanship Award (District 11); an award given by the US Lacrosse Men's Division Officials Council, College Officials Committee.

ABOUT SIMON FRASER MEN'S LACROSSE

Established in 1996, Simon Fraser University men's lacrosse completed its 15th season in 2010 and competes in the Men's Collegiate Lacrosse Association (MCLA). The team has captured eight Conference Titles (1997, 1998, 1999, 2000, 2001, 2003, 2008 and 2009) and has earned ten National Championship appearances, placing 2nd in 1999 and most recently playing in the 2010 MCLA Semi-Finals after reaching the Quarterfinals in 2008 and 2009. The Clan are proudly sponsored by Harrow Sports and Onyx Lacrosse / Riddell Helmets.

For further information on Simon Fraser men's lacrosse please visit www.sfulacrosse.com or follow the Clan LIVE on Twitter at <http://twitter.com/fraserlacrosse>.

ABOUT BURNABY MOUNTAIN SELECTS LACROSSE

Established in 2006 by Simon Fraser University men's lacrosse Co-Head Coaches Jeff Cathrea and Brent Hoskins, the Burnaby Mountain Selects Field Lacrosse Program is an amateur sports organization designed to train players in a high performance environment to best prepare them for a collegiate field lacrosse career. Selection and consideration into the program is reserved for a select group of elite student-athletes, who possess the desire to work hard and learn in a competitive team environment, while demonstrating the ability to prioritize their academics goals in the highest regard. Over 230 athletes in grades 6-12 have participated in the Selects program from over 30 communities across British Columbia's Lower Mainland, Vancouver Island, BC Interior, Washington State and Idaho. The Selects travel to compete in top college recruiting tournaments throughout North America, helping to place over 40% of graduating players in collegiate field lacrosse programs.

The Selects are proudly sponsored by Harrow Sports and Onyx Lacrosse / Riddell Helmets. For further information on Burnaby Mountain Lacrosse please visit www.selectslacrosse.com or follow the Selects LIVE on Twitter at <http://twitter.com/selectslacrosse>.

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