

**ATHLETICS**

# Hurdler on way to nats

St. Thomas More Collegiate student Sebastian Adugalski qualified for the Canadian Legion national track and field championships in Ottawa next month.

Adugalski, who trains with the New West Spartans, won the 100-metre hurdles in the midget boys' division in a Team B.C. qualifying time of 14:23 at the recent Pacific Invitational meet in Langley.

Adugalski won three other events, including the long jump, 200m hurdles and the 300m.

Other Spartan winners included Devin Strome in the junior development

80m hurdles and high jump and Samantha Page, who came back from an injury to win the long jump with a 4.73m leap.

Marco Sherwood also won the 200m hurdles and triple jump in his age class.

Logan Kenler, Ahmad Nizamani, Mihailo Stefanovic, Ethan Strome and Bogdan Pavel won medals in the midget division, while Damanpreet Rai, Manisha Kandola and Milena Stefanovic medalled in the junior and juvenile classes.

Also earning JD medals for the Spartans were Simran Chane and Tomas Ward.

## City Track medal

Royal City Track also had medal success at the Langley meet.

Twelve-year-old Michael Phung won gold in the JD long jump. Christian Velkov, 10, won the 1,500m, while Joshua Filafilo had a breakout meet, winning the 60m hurdles for 10-year-old boys.

Multi-medallists included Fraser Stewart-Barnett, Dieved Penalver, Jenevieve Patry-Smith, Ryan Jensen and Shianne Lowka.

Other City Track medalers were Emma Stewart-Barnett, Natasha Lazecki and Shea Jobson-Stier.

# B.C. lacrosse teams named

Jordan McKenzie, Connor Robinson and Mitchell Stokes of New Westminster will represent B.C. in the bantam competition at national age-group lacrosse championships in Whitby, Ont. Aug. 1 to 7.

Jolene Robinson and Amber Gilmore of Burnaby, will join New Westminster products Nina Biagini, Jenna Chernoff, Ellean Degife, Courtney Kearnes and Nicole Shanks on the bantam girls team.

The provincial bantam girls' team will play in conjunction with the boys' box festival, beginning on Aug. 3 in Whitby.

In minor field lacrosse, New Westminster placed nine players on the under-16 and -19 provincial teams.

Tyler Barrett, Josh Byrne, Chris Nasato,

Nathan Stewart and Corey Wong were chosen for the u-16 field team.

David Bigley, Brandon Goodwin, Justin Goodwin and Reid Mydske will make up part of the u-19 B.C. team.

## Youth field goes prime time

Matthew Buchanan and Dylan Sharpe of New Westminster recently returned from a trip to Boston, Massachusetts for the youth boys' field lacrosse Prime Time Warrior Shootout.

The under-13 Burnaby Mountain Selects faced their toughest youth-aged competition yet, winning just one of five matches against some of the top clubs in the eastern United States.

## Fast half marathon

Suzanne Evans finished fourth among women and 44th overall at the Scotiabank half marathon June 27.



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