

Lacrosse catching on

2nd season netting positive results for Penticton Heat

Special to the Herald

The Penticton Heat's second year of involvement in field lacrosse has been a big success so far.

This Saturday and Sunday, the Heat are hosting a series of under-14 and under-16 division games at the two Pen-Hi fields with visiting teams from Seattle, North Okanagan, Kamloops, Kelowna and Prince George. Penticton games will be played Sunday at 10 a.m., noon, 2 and 3 p.m.

The Penticton under-16 team is undefeated in league play to date and has a good chance to qualify for the provincial championships.

In December, the U-16 team is going to a tourney in Seattle. They attended the Kelowna tourney on

the Thanksgiving weekend and will be going to another tourney in Richmond, Nov. 12 to 14.

Several players from the team participated in the B.C. Summer Games in both box and field lacrosse.

Participating in box lacrosse were Dean Grimm, Chris Pond, Mitch Walton and Josh Greenwood (Nick Kapusty also participated, but is not involved in field lacrosse).

Participating in field lacrosse players were Jean Luc Chetner, Kaid MacLeod, Liam Kircher.

Many of the same players also competed in the box lacrosse provincials in Mission in July where they won the bronze medal.

At the provincials, team awards were awarded to: Pond (Fair Play Award); Grimm (MVP).

Mitch Walton was awarded the midget lacrosse player of the year for the Thompson Okanagan Zone.

Several players were selected from the Summer Games to tryout for the Team B.C. box team — Pond, Grimm, Kapusty, Walton. From those four, Walton was selected to participate Aug. 15 to 20 in Coquitlam and Pond was an alternate in case of injury.

Walton also competed in field for Team B.C. in Saskatoon from Sept. 3 to 6 — his fourth appearance for Team B.C.

Walton also plays for the Burnaby Selects program at SFU. This is his third year attending BMS and they will be attending recruiting tournaments in Baltimore and North Carolina later this year.

Other BMS players from Penticton are Liam Kircher (sophomore) and Connor Walton (freshman).

Walton was also awarded a Scholar Athlete award through BMS.

No records, but positive results at Naramata races

Hundreds of students compete in cross-country event at Manitou Park

By Penticton Herald Staff
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A total of 972 Grade 4 and 5 students from 13 area elementary schools took part in the annual Naramata Cross Country Championship Races at Manitou Park on Wednesday.

In the Grade 4 team division, Trout Creek won the girls' event and Wiltse took the boys' title, while the Grade 5 category it was West Bench prevailing in the girls and Columbia triumphing in the boys' event.

There were no records set in the 2.36-kilometre race this year.

The following are the top team and individual results from the run:

Grade 4 girls (team): 1st, Trout Creek 90 points, 2nd, Kaleden 115; 3rd, Uplands 146; 4th, Wiltse 153; 5th, Columbia 161.

Grade 4 boys (team): 1st, Wiltse 77 points; 2nd, West Bench 137; 3rd, Giant's Head 155; 4th, Columbia, 180; 5th, Naramata 241.

Grade 5 girls (team): 1st, West Bench 75 points; 2nd, Uplands 122; 3rd, Columbia 136; 4th, Trout Creek 140; 5th, Kaleden 147.

Grade 5 boys (team): Columbia 76 points; 2nd, Uplands 118; 3rd, Wiltse 187; 4th, Giant's Head 194; 5th, West Bench 257.

Grade 4 girls (individual, 91 entrants): 1st, Lara Westra, Trout Creek, 11:21; 2nd, Anabella Nordland, Uplands, 11:23; 3rd, Emmy Caruso, Wiltse, 11:27.

Grade 5 boys (individual, 99 entrants): 1st, Brendan Patton, Uplands, 10:04; 2nd, Nolan Walton, Wiltse, 10:06; 3rd, Carter Edward, 10:28.

Grade 5 girls (83 entrants): 1st, Ailie Hayman, Uplands, 10:34; 2nd, Sophie Cormillot, Trout Creek, 10:45; 3rd, Sydney Olexa, Kaleden, 11:06.

Grade 5 boys (99 entrants): 1st, Adrian Schimmer, Wiltse, 9:48; 2nd, Jackson Coates, Queen's park, 9:51; 3rd, Nash Moog, Columbia, 9:57.

Appreciation was extended to, among others, organizer Mike Townley and to the Naramata PAC group for running a fine concession stand with many warm and healthy offerings.

SPORTS IN BRIEF

MINOR HOCKEY

A three-day, 14-team atom development hockey tournament gets going today with all four of Penticton's rinks getting put to use.

Eight teams are competing in the tier 1-2 division, while another six are in the tier 3 division. Penticton is represented in both divisions.

Games start today at 2:30 p.m. with the Penticton Speedway Jr. Vees playing a tier 3 game against Semiahmoo at the OHS Training Centre rink.

The Penticton Game Time Sports Jr. Vees play their first game in the tier 1-2 division tonight at 6:45 p.m. at Memorial Arena against Spokane.

The tier 3 championship game is set for Sunday at 11:45 a.m., with the tier 1 title game to follow at 1:30 p.m. at Memorial.

For a complete schedule, visit pentictonminorhockey.com.

VOLLEYBALL

The Pen-Hi Lakers rolled over the visiting Mount Boucherie Bears 25-15, 25-14, 25-9 in Valley senior girls' 4A volleyball league play on Wednesday.

The senior 3A boys also clashed at Pen-Hi with Boucherie prevailing in four sets.

The Lakers boys and girls are back in action for the second-last day of league play next Wednesday at Kelowna Secondary. The Pen-Hi teams also host Rutland on Nov. 13.

This year's Valley championships will be held Nov. 20 at Mount Boucherie.

SPEEDSKATING

CALGARY — Long-track speedskaters Kristina Groves of Ottawa and Denny Morrison of Fort St. John stole the show in their 1000-metre races at Canada's fall World Cup trials on Thursday.

Groves, a double medallist at the Vancouver Olympics, won the women's 1000 metres in a time of one minute 16.05 seconds.

In the men's 1000, Morrison raced in a time of 1:08.46, ahead of Edmonton's Jamie Gregg (1:08.66) and Philippe Riopel (1:09.13) of Lachenaie, Que.

— Herald Staff/News Services

2010 YEAR END WIND-UP EVENT

Saturday Oct 30th

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21 Lakeshore Dr. W
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~ FREE PARKING ~

The Penticton Lakers are in action three times this weekend. On Friday they will head to Kelowna for a rematch against the Kelowna Chiefs after suffering a tough loss to them on Wednesday, when the Chiefs beat the Lakers 6-1.

LAKERS

On Saturday, the Lakers will visit the North Okanagan Knights before returning home for an early game against the Beaver Valley Nitehawks on Sunday.

Tickets for Sunday's game are available at the door at a cost of \$7 for adults, \$5 for students & seniors, \$3 for children 12 and under. 50 / 50 ticket proceeds will benefit the SPCA. Sunday's game sponsor is the Penticton Herald.

Fall Rates in Effect

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PENTICTON HERALD

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Players for Pets program raises money at every Lakers game for the local SPCA.

Lakers will be in schools starting in November to promote staying active, fitness and fun to area youth!

