



BURNABY MOUNTAIN LACROSSE

PRESS RELEASE

www.selectslacrosse.com

Burnaby Mountain Lacrosse announces the launch of Selects University - SAT Prep Course

FOR IMMEDIATE RELEASE

By William Howard, *Bby Mtn Lacrosse Media Relations*
Burnaby Mountain Selects Lacrosse

BURNABY, BC (January 17, 2011) – Burnaby Mountain Lacrosse, a leader in preparing young student-athletes for the collegiate level, has announced the launch of Selects University to their all-star lineup of highly acclaimed programs. The main focus of Selects University will be on college admissions preparation by offering comprehensive courses designed to help students excel at writing the SAT Reasoning Test. By helping student's achieve higher scores on the SAT, Selects University aims to increase the number of post-secondary options available to each student, while maximizing their potential for academic scholarships and entrance awards.

The Selects University – SAT Prep Course has been exclusively designed by the Selects University staff of highly educated and experienced teachers who have scored in the high percentile for the SAT and other standardized tests. With an expert knowledge of SAT content and highly developed skills in both critical thinking and problem solving, Selects University instructors add a personal and tailored approach to working with each student in order to maximize their individual scoring potential and enhance the overall learning experience.

Each course will combine interactive instruction with an amplified focus on practical experience developed by writing realistic practice tests on a weekly basis. This approach will provide each student with a firm understanding of course content and the familiarity of how to write the SAT test in the most efficient and productive manner possible.

The Selects University – SAT Prep Course includes the following benefits aimed at ensuring optimal performance by each student:

- Maximum Student to Teacher Ratio of 12:1
- Maximum Class Size of 24 Students
- In-class timed tests, as well as group and one-on-one components that focus on each student learning every concept
- Tips and techniques that break down questions into easily understandable parts, allowing students to write the SAT Reasoning Test quickly and correctly
- A diagnostic exam at the beginning of the course to determine the individual needs of each student
- A diagnostic exam at the end of the course to evaluate student progress
- 10 x 3 hour classroom sessions
- 3 x full-length simulated SAT Practice Tests, invigilated under real SAT test conditions
- All course materials, including testing questions and examples, drawn from real SAT exams from 2005-2010

The Selects University – SAT Prep Course is open to students in grades 10-12 with all classes held at Simon Fraser University in Burnaby, BC. Spring 2011 Courses begin in February with the SAT Prep Course offered on Monday evenings, 6:30-9:30pm from February 28 to May 2 in preparation for the upcoming SAT Spring Test Dates on May 7 and June 4, 2011.

To register today or learn more about Selects University courses please visit www.selectslacrosse.com/selects-university.html.

ABOUT THE SAT

The SAT Reasoning Test (formerly the Scholastic Aptitude Test and Scholastic Assessment Test) is a nationally administered, standardized test to help post-secondary institutions evaluate candidates for college admissions in the United States. The test is intended to assess a student's readiness for college by testing their critical thinking skills, as well as their ability to analyze and solve problems. The current SAT Reasoning Test takes three hours and forty-five minutes and combines test results from three 800-point sections (math, critical reading and writing) for a possible score ranging from 600-2400.

For further information on the SAT please visit the official SAT website at www.collegeboard.com.

ABOUT BURNABY MOUNTAIN SELECTS LACROSSE

Established in 2006 by Simon Fraser University men's lacrosse Co-Head Coaches Jeff Cathrea and Brent Hoskins, the Burnaby Mountain Selects Field Lacrosse Program is an amateur sports organization designed to train players in a high performance environment to best prepare them for a collegiate field lacrosse career. Selection and consideration into the program is reserved for a select group of elite student-athletes, who possess the desire to work hard and learn in a competitive team environment, while demonstrating the ability to prioritize their academics goals in the highest regard. More than 265 athletes in grades 5-12 have participated in the Selects program from over 30 communities across British Columbia's Lower Mainland, BC Coast, BC Interior, Washington State and Idaho. The Selects travel to compete in top college recruiting tournaments throughout North America, helping to place over 40% of graduating players in collegiate field lacrosse programs.

The Selects are proudly sponsored by Harrow Sports and Onyx Lacrosse / Riddell Helmets. For further information on Burnaby Mountain Lacrosse please visit www.selectslacrosse.com or follow the Selects LIVE on Twitter at <http://twitter.com/selectslacrosse>.

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