



BURNABY MOUNTAIN LACROSSE

# PRESS RELEASE

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## Former Selects Dow, Weselowski Earn All-Conference Honors

### FOR IMMEDIATE RELEASE

By William Howard, *Bby Mtn Lacrosse Media Relations*  
Burnaby Mountain Selects Lacrosse

**BURNABY, BC** (May 13, 2011) – Former Burnaby Mountain Selects and current members of the Simon Fraser University men's lacrosse team Colton Dow (Coquitlam, BC / Heritage Woods Secondary) and Max Weselowski (Maple Ridge, BC / Meadowridge School) have been named to the 2011 PNCLL All-Conference team, it was recently announced. Dow garnered first team honors, while Weselowski earned honorable mention status. The selection marks the second time Dow has earned all-conference status as he makes the jump to the first team after earning honorable mention honors as a freshman a year ago. Weselowski is one of four current Clan freshmen to earn all-conference recognition this season.



**Above:** #11 Colton Dow dives to the net vs. University of Utah; #27 Max Weselowski protects the ball off of a face-off win vs. Portland State University.

Dow finished second on the team in scoring with 56 goals and 55 assists for 111 points in 18 games. His 3.055 assists per game also ranks second in the MCLA, while his 6.167 points per game ranks third. His 55 assists set a school record for assists in a season, while he also registered the program high for assists in a game at 12. He becomes the second player in school history to total 100 or more points in a season and only the seventh player at SFU to post over 50 goals in a year.

Weselowski also enjoyed a fine statistical season in 2011. Stepping in as the Clan's starting face-off specialist three games into the season; he led the team in face-offs won (261), face-off winning percentage (60%) and ground balls (125). His 261 wins in 434 attempts are both program highs, while Weselowski also set the school record for face-off wins in a game (32) and single-game face-off winning percentage (90%).

Dow and Weselowski become the second and third Burnaby Mountain Selects products to garner All-Conference recognition at Simon Fraser, joining 2007 BMS Grad Chris Tessarolo (New Westminster, BC / New Westminster Secondary) who despite having his senior season plagued with injury finished his collegiate career in 2011 as a two-time PNCLL All-Conference Honorable Mention (2008, 2010) and a PNCLL All-Conference 2nd Team selection as a sophomore in 2009.

## **ABOUT BURNABY MOUNTAIN SELECTS LACROSSE**

Established in 2006 by Simon Fraser University men's lacrosse Co-Head Coaches Jeff Cathrea and Brent Hoskins, the Burnaby Mountain Selects Field Lacrosse Program is an amateur sports organization designed to train players in a high performance environment to best prepare them for a collegiate field lacrosse career. Selection and consideration into the program is reserved for a select group of elite student-athletes, who possess the desire to work hard and learn in a competitive team environment, while demonstrating the ability to prioritize their academic goals in the highest regard. More than 265 athletes in grades 5-12 have participated in the Selects program from over 30 communities across British Columbia's Lower Mainland, BC Coast, BC Interior, Washington State and Idaho. The Selects travel to compete in top college recruiting tournaments throughout North America, winning several international events and helping to place over 40% of graduating players in collegiate field lacrosse programs.

The Selects are proudly sponsored by Harrow Sports. For further information on Burnaby Mountain Lacrosse please visit [www.selectslacrosse.com](http://www.selectslacrosse.com) or follow the Selects LIVE on Twitter at <http://twitter.com/selectslacrosse>.

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