



BURNABY MOUNTAIN LACROSSE

PRESS RELEASE

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Four BMS Products named to NCAA All-Conference Teams

FOR IMMEDIATE RELEASE

By William Howard, *Bby Mtn Lacrosse Media Relations*
Burnaby Mountain Selects Lacrosse

BURNABY, BC (May 17, 2011) – Four Burnaby Mountain Selects products were recently honored by their respective conferences as the NCAA 2011 regular season came to a close. In NCAA Division II, James Delaney (Port Coquitlam, BC / St. Thomas More Collegiate) was named to the East Coast Conference (ECC) second team, while fellow midfielder T.J. Cowx (Delta, BC / Sands Secondary) was a Deep South Conference (DSC) honorable mention. In NCAA Division III, Keegan Bowman (New Westminster, BC / New Westminster Secondary) was named to the Midwest Men's Lacrosse Conference (MMLC) first team, while fellow attack Richard Lachlan (Port Coquitlam, BC / Terry Fox Secondary) was voted to the second team in the Old Dominion Athletic Conference (ODAC).



James Delaney
Seton Hill (NCAA Div. II)
All-ECC 2nd Team



T.J. Cowx
Mars Hill (NCAA Div. II)
All-DSC HM



Keegan Bowman
Carthage (NCAA Div. III)
All-MMLA 1st Team



Richard Lachlan
Roanoke (NCAA Div. III)
All-ODAC 2nd Team

Delaney (BMS '09), a sophomore at Seton Hill University in Greensburg, Pennsylvania, was second on the Griffins in goals with 22, first in assists with 15, second in points with 37 and also recorded 20 ground balls. Earlier this year, Delaney was also named by Inside Lacrosse Magazine as a Division II Preseason All-American Honorable Mention.

Cowx (BMS '08), a junior at Mars Hill College in Mars Hill, North Carolina, was fourth on the Lions in goals with 14, third in assists with 14, fourth in points with 28 and also recorded 18 ground balls.

Bowman (BMS '07), a junior at Carthage College in Kenosha, Wisconsin, was named to the MMLC first team for the second straight year, while leading the Red Men in goals (40), assists (40) and points (80). Bowman was also named MMLC Offensive Player of the Week on March 22 and finished the 2011 season ranked eighth in NCAA Division III in points-per-game (4.71).

Lachlan (BMS '09), a sophomore at Roanoke College in Salem, Virginia, earned his first all-conference honor as he ranked second in the ODAC in regular-season goals (41) and sixth in points (50) in addition to nine assists. He started in all 16 games, was named ODAC Player of the Week on April 4, and finished forty-fourth in NCAA Division III goals-per-game (2.59). After recording 12 goals and 2 assists in the opening two rounds on the 2011 NCAA Division III Tournament, Lachlan now leads the ODAC in both goals (53) and goals-per-game (2.79), while improving to second in the conference total points (64) and third in points-per-game (3.37).



Keegan Bal
Lake Erie (NCAA Div. II)



Matt Delmonico
Seton Hill (NCAA Div. II)

In addition to the 2011 award winners, Keegan Bal (Port Coquitlam, BC / Centennial Secondary) and Matt Delmonico (Port Moody, BC / Heritage Woods Secondary) also had notable seasons statistically in NCAA Division II. Bal (BMS '09), a sophomore at Lake Erie College in Painesville, Ohio finished thirteenth in NCAA Division II in goals-per-game (2.43) and twenty-ninth in points-per-game (2.93), while Delmonico (BMS '10), a freshman at Seton Hill, finished twentieth nationally in goals-per-game (2.21) and nineteenth in points-per-game (3.21).

ABOUT BURNABY MOUNTAIN SELECTS LACROSSE

Established in 2006 by Simon Fraser University men's lacrosse Co-Head Coaches Jeff Cathrea and Brent Hoskins, the Burnaby Mountain Selects Field Lacrosse Program is an amateur sports organization designed to train players in a high performance environment to best prepare them for a collegiate field lacrosse career. Selection and consideration into the program is reserved for a select group of elite student-athletes, who possess the desire to work hard and learn in a competitive team environment, while demonstrating the ability to prioritize their academic goals in the highest regard. More than 265 athletes in grades 5-12 have participated in the Selects program from over 30 communities across British Columbia's Lower Mainland, BC Coast, BC Interior, Washington State and Idaho. The Selects travel to compete in top college recruiting tournaments throughout North America, winning several international events and helping to place over 40% of graduating players in collegiate field lacrosse programs.

The Selects are proudly sponsored by Harrow Sports. For further information on Burnaby Mountain Lacrosse please visit www.selectslacrosse.com or follow the Selects LIVE on Twitter at <http://twitter.com/selectslacrosse>.

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