



BURNABY MOUNTAIN LACROSSE

GIRLS ELITE - FALL 2011

www.selectslacrosse.com

Fall Schedule: All Dates are set. Practice and Study Hall times are tentative and are subject to change based on final field allocations.

CONTACT

Burnaby Mountain Lacrosse

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Checks Payable to "Burnaby Mountain Lacrosse"

GIRLS ELITE TOURING PROGRAM

Burnaby Mountain Lacrosse is excited to announce the launch of their inaugural Girl's Elite Touring program for the fall of 2011. Led by former NCAA Coach Chris Fox, the Selects will look to build upon the success achieved by their Boy's Elite teams to introduce a whole new realm of future possibilities for female student-athletes looking to pursue an education through the sport of field lacrosse.

Widely recognized as one of Canada's top field lacrosse development programs, the Burnaby Mountain Selects Field Lacrosse Program is an amateur sports organization designed to train players in a high performance environment to best prepare them for a collegiate field lacrosse career. Selection and consideration into the program is reserved for a select group of elite student-athletes, who possess the desire to work hard and learn in a competitive team environment, while demonstrating the ability to prioritize their academic goals in the highest regard.

Established in 2006 by Simon Fraser University men's lacrosse Co-Head Coaches Jeff Cathrea and Brent Hoskins, more than 300 athletes in grades 5-12 have participated in the Selects Boy's Elite Touring program from over 35 communities across British Columbia's Lower Mainland, BC Coast, BC Interior, Washington State and Idaho. The Selects travel to compete in top college recruiting tournaments throughout North America, winning several international events and helping to place over 40% of graduating players in collegiate field lacrosse programs.

Head Coach: Former NCAA Coach Chris Fox

- Assistant Women's Lacrosse Coach Whittier College (NCAA Div. III) 2007, 2009-2011
- Head Men's Lacrosse Coach Wheeling Jesuit University (NCAA Div. II) 2008

General Manager/Professional Chef: Joyce Simons (International Culinary Schools at the Art Institute of Vancouver – Presidents List)

The All-Inclusive Experience

Prices Include:

- Round Trip Airfare to International Tournaments
- Tournament Entry Fees
- Hotel Accommodations
- Ground Transportation by Charter Bus to and from all events
- All Meals (fully catered by professional Chef on Staff)
- Organized Tours (NCAA College Campuses + City sites and attractions)
- Complimentary ticket to the annual Maple Leaf Awards Dinner, a celebration of Youth and Collegiate Field Lacrosse in BC
- All Practices including structured practice plans devised by coaches with US College Field Lacrosse experience
- 1.5 hours of supervised Study Hall sessions each week (during school months only)
- Tutoring support and effective studying strategies
- The opportunity to discuss player development with the coaching staff
- Valuable recruiting and athlete marketing strategies, including:
 - Personalized online recruiting profile page
 - The opportunity to discuss post secondary and college lacrosse options with the coaching staff
 - A guide to post-secondary education
 - Guidance for high school course selection

Equipment

Burnaby Mountain Lacrosse will provide the following team-issued equipment for each athlete:

Field Players

- Harrow XV3 Goggles**
- Harrow Reversible Team Practice Jersey**
- Harrow Team Game Jersey**
- Harrow Team Skort**
- Harrow Team Travel Shirt

Goalies

- Cascade Pro7 Helmet with Throat Guard**
- Harrow Torrent Goalie Gloves**
- Harrow Reversible Team Practice Jersey**
- Harrow Team Game Jersey**
- Harrow Team Shorts**
- Harrow Team Travel Shirt

***This equipment is provided to each athlete by Burnaby Mountain Lacrosse only once and is not reissued from season to season. BMS invests in this one-time cost per athlete at the time of their initial registration. All other apparel is reissued each season.*

GIRLS ELITE DEVELOPMENTAL TOURING TEAMS

Roster

The rosters for Burnaby Mountain Lacrosse team are designed to provide the utmost field time and coaching / instruction to allow for maximal player development. Each roster will be comprised of the following positions and capped at a maximum of 20 athletes per team:

- 5 Attack
- 8 Midfield (4 Attack Wing / 4 Defensive Wing)
- 5 Defends
- 2 Goaltenders

GIRLS HIGH SCHOOL ELITE (1994/1995/1996)

\$1,800 +HST (= \$2,016), 9 practices / 9 study halls
September 11 – January 16

**Price includes all travel, equipment, and apparel.*

Practice: Sundays, 10:00am –12:00pm **Study Hall:** 12:30-2:00pm

Trip Information:

Seattle, WA – Sunday, October 23

- Day trip to Seattle, Washington
 - 2 Games
- Transportation by Charter Bus, and Lunch included

Los Angeles & Palm Springs, CA – Wednesday, January 11 – Monday, January 16

- 6 Days / 5 nights trip to Los Angeles & Palm Springs, California
- International Tournament – Sandstorm Lacrosse Festival (Varsity Division)
 - January 14-15
 - 25+ NCAA College Coaches in attendance
 - Championship Format
- Tour of the University of Southern California (NCAA Div. I)
- Tour of Occidental College (NCAA Div. III)
- Tour of Whittier College (NCAA Div. III)
- Airfare, Transportation by Charter Bus, Hotel and Meals included

Payment Schedule:

\$400 +HST (= \$448) – Non-Refundable Deposit due August 1, 2011

\$700* +HST (= \$784) – Due September 1, 2011

\$700* +HST (= \$784) – Final Payment due October 1, 2011

*Post-dated checks are required at time of deposit

SELECTS TV

Video Production Services

Selects TV revolutionizes the traditional club travel team model by offering exclusive video production services for the student-athletes involved in the Burnaby Mountain Selects (BMS) Elite Touring program.

Equipped with state-of-the art software and technology, Selects Lacrosse is able to offer comprehensive in-house video editing capabilities at market leading prices.

Tournament DVD Box Sets (Game Tapes)

Selects TV - DVD Box Sets feature full-length games filmed at each tournament. Games are trimmed and edited for easy playback, with each game professionally produced onto its own high-quality DVD, complete with custom menu, chapter selection and printed label.

Highlight Videos

Selects TV Highlight Videos feature personalized footage of student-athletes competing with the Burnaby Mountain Selects versus other top club teams from across North America. Individual athletes may select up to 4 tournament games that will be professionally edited into a 3-5 minute highlight video. Videos will be edited to music and include a title screen with athlete bio, as well as multilayer effects throughout the video to identify the athlete during each series of plays.