



## BURNABY MOUNTAIN LACROSSE

# YOUTH - FALL 2011

[www.selectslacrosse.com](http://www.selectslacrosse.com)

### CONTACT

#### Burnaby Mountain Lacrosse

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**Please make checks payable to “Burnaby Mountain Lacrosse”**

### BOYS YOUTH INDOOR – FIELD LACROSSE DEVELOPMENT PROGRAM

The Youth Indoor program is designed to introduce young athletes to the game of Field Lacrosse in a climate controlled environment. Drills are both fun and rewarding, as players will build upon basic fundamentals to learn new skills such as passing and catching with both hands, ball protection, shooting technique and dodges.

Each session will include a 20-25 minute practice, followed by a 30-35 minute 7v7 game. A wide range of progression drills will help each participant build confidence while encouraging the growth of individual skills and the importance of teamwork.

*\*Program Registration includes a Harrow Reversible Team Practice Jersey*

**Program Director:** Simon Fraser University Men's Lacrosse Head Coaches Brent Hoskins

**Coaching Staff:** Players with US College Experience

Coach to Athlete Ratio = 10:1

Maximum Roster per Session: 20 athletes (two teams of 10)

#### Session 1

##### **BOYS YOUTH 7-9 yrs. (2002/2003/2004)**

**CANLAN Burnaby 8 Rinks**

\$195 +HST (= \$218.40), 10 sessions

Mondays, 5:00-6:00pm

September 12–November 21 (no practice October 11)

Monday, September 12  
Monday, September 19  
Monday, September 26  
Monday, October 3  
Monday, October 17  
Monday, October 24  
Monday, October 31  
Monday, November 7  
Monday, November 14  
Monday, November 21

#### Session 2

##### **BOYS YOUTH 7-9 yrs. (2002/2003/2004)**

**CANLAN Burnaby 8 Rinks**

\$195 +HST (= \$218.40), 10 sessions

Wednesdays, 5:00-6:00pm

September 14–November 23 (no practice October 13)

Wednesday, September 14  
Wednesday, September 21  
Wednesday, September 28  
Wednesday, October 5  
Wednesday, October 19  
Wednesday, October 26  
Wednesday, November 2  
Wednesday, November 9  
Wednesday, November 16  
Wednesday, November 23